High Ercall Primary School PE Vocabulary Progression

Supporting Physical Literacy and the High Ercall 5Rs: Respect, Resilience, Responsibility, Reflect and Resourceful.

Curriculum Vision

Pupils develop the vocabulary needed to participate, evaluate and excel in physical activity. Vocabulary progresses from simple movement language in EYFS to technical analysis, leadership and performance language by Year 6.

Strand	Class 1 (R/Y1)	Class 2 (Y1/Y2)	Class 3 (Y3/Y4)	Class 4 (Y4/Y5)	Class 5 (Y5/Y6)
Fundamental Movement	move, travel, run, jump, balance, control, speed	control, direction, pathway, dodge, coordinate	agility, technique, accelerate, stability, precision	stability, fluency, reaction, consistency	adaptation, execution, performance, biomechanics
Games	throw, catch, target, dribble, attack, defend	possession, opponent, receive, intercept, teamwork	support, transition, tactics, marking, strategy.	strategy, formation, positioning, pressure, decision-making, pressure.	officiate, analyse, adapt tactics, retain possession
Ball Games	ball, roll, bounce, throw, catch, aim	receive, send, dribble, strike, possession, control, bowling.	control, space, support, tactics, shoot, direction. Intercept. Receiving,	marking, transition, strategy, positioning, returning, intercept,	officiate, analyse, decision-making

			Fielding, Procession, defend,tackle,		
Gymnastics	shape, stretch, tuck, roll, sequence	link, pathway, apparatus, perform balance, shape, tuck, roll, jump, land, sequence, travel, control	motif, emotion, stimulus symmetry, asymmetry, extension, rotation, body tension, flow, coordination	counter tension, composition, fluency, evaluation, performance	precision, refine adapt analyse counterbalance technique stability
Dance	move, copy, freeze, expression	rhythm, action, sequence, expression, character, emotion, pathway, travel, pattern, audience	canon, unison, choreography, improvisation, motif, timing, coordination, spatial awareness, transition	Genre dynamics, formation, narrative, interpretation, composition, structure, relationships, flow, fluency, fluidity.	Phrase Contrast Narration Projection Embodiment Symmetry Asymmetry Phrasing Fluency Refinement Artistic Intent Composition Performance Interpretation
Tennis	track, ready, bounce, hit	racket, forehand, target, rally	serve, forehand, backhand, placement	consistency, accuracy, court awareness,	spin, anticipation, shot selection, evaluate,

				volley, serve.	deuce,
Athletics	Run, walk, hop, jump, skip, throw, catch, balance space, fast, slow, stop, start.	Sprint, pace, jog, underarm throw, overarm throw, relay, speed, distance.	Record, baton, control, accuracy, develop, accelerate, decelerate, Stamina, technique, measure,	Transfer weight, reaction, endurance, agility, relay exchange, technique, triple jump, consistency.	Sprint start, Velocity, Evaluation, Personal Best(PB)
Swimming			splash, float, kick, glide push, travel, breathe, stroke, back, Front Crawl/ Free style	Butterfly, breaststroke, technique, survival, rotation, efficiency	endurance, pace, personal best, evaluate
OAA	Explore, travel, climb, safe, over, under.	Direction, symbol, trial, partner, teamwork.	Map, decision, direction, sequence, orienteering, compass, North, East, South, West.	Problem solving, barrier, adapt, evaluate, collaborate, initiate, terrain.	Grid-Reference, Critical thinking, leadership, Sustainability.