Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish froma sustainable source.

Yoghurt - supplied by VillageDairy, made from wholesome Welshmilk in the Vale of Clwyd, North Wales.
Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with **our special eventdays**



Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

Let's Dine

Primary School Menu

APRIL 2026 TO MARCH 2027

Our menus

All the good stuff

1. All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
2. We provide a choice of Vegetables, Salad and Fresh Fruit daily.
3. At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
4. Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
5. We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

Download your copy at
www.telford.gov.uk/schoolmeals

6. We Oven Bake in preference to Frying.
7. We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
8. All of our suppliers ensure full traceability of our Food.
9. Some of our menu choices are developed with children through the Eatwell Project.

eatwell

Soil Association FOOD FOR LIFE BRONZE CATERING

SOFT FACILITIES INNOVATION AWARDS 2020 | GREEN INNOVATION

Free School Meals

Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less that £7,400 a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

Menu calendar

Summer Term 2026		Autumn Term 2026		Spring Term 2027	
13 APR	WK 1	1 SEPT	WK 1	4 JAN	WK 1
20 APR	WK 2	7 SEPT	WK 2	11 JAN	WK 2
27 APR	WK 3	14 SEPT	WK 3	18 JAN	WK 3
4 MAY	WK 1	21 SEPT	WK 1	25 JAN	WK 1
11 MAY	WK 2	28 SEPT	WK 2	1 FEB	WK 2
18 MAY	WK 3	5 OCT	WK 3	8 FEB	WK 3
25 MAY - HALF TERM		12 OCT	WK 1	15 FEB - HALF TERM	
1 JUN	WK 2	19 OCT	WK 2	22 FEB	WK 2
8 JUN	WK 3	26 OCT - HALF TERM		1 MAR	WK 3
15 JUN	WK 1	2 NOV	WK 1	8 MAR	WK 1
22 JUN	WK 2	9 NOV	WK 2	15 MAR	WK 2
29 JUN	WK 3	16 NOV	WK 3	22 MAR	WK 3
6 JUL	WK 1	23 NOV	WK 1		
13 JUL	WK 2	30 NOV	WK 2		
		7 DEC	WK 3		
		14 DEC	WK 1		

www.telford.gov.uk/freeschoolmeals

V Vegetarian
Ve Vegan
H Halal

Week 1

Monday

Pizza – Cheese and Tomato *with a selection of toppings* **V**

Potatoes Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Swirl Mousse

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Pasta Bar – *various toppings including* **Bolognaise** *Farm Assured Minced Beef with a Chef's Rich Tomato Sauce,* **Cheese and Beans V, Tomato, Roasted Vegetables and Mixed Beans V**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Banana Cake

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Breaded Chicken Dunkers *Farm Assured Chicken*

Vegetarian Nuggets V

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Topped Cheesecake or Shortbread

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Thursday

Toad in the Hole *Farm Assured Pork Sausages*

Vegetarian Sausage V

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Apple Crumble and Custard

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* **or Battered Fish** *White fillet of Fish coated in a Light Batter* **or Salmon Fishcake Star**

Cheese Pastie *Creamed Potato and Mixed Beans, Grated Cheese encased in Puff Pastry* **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Biscuit selection

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

FUN FOOD FACT

Ripe cranberries bounce like rubber balls

Week 2

Monday

Pork Sausages *Farm Assured Pork Sausages* **or Homemade Sausage Roll** *Farm Assured Pork Sausages Wrapped in Puff Pastry*

Vegetarian Nuggets V

Pasta Twists, Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Swirl Mousse

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Chicken Curry *Farm Assured Chicken in a Chef's Curry Sauce*

Mac 'n' Cheese *Macaroni Pasta and Quorn in a Chef's Creamy Cheese Sauce* **V**

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Cake and Custard

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Big Breakfast *Farm Assured Bacon, Free Range Scrambled Egg*

Vegetarian Sauage V

Smiles, Baked Beans, Tomato, Mushroom, Seasonal Salad Selection, Bread

Fruit Jelly or Golden Shortbread

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Thursday

Bolognaise *Farm Assured Minced Beef with a Chef's Rich Tomato Sauce* **or Cheese and Tomato Pizza V**

Vegetarian Bolognaise *Mixed vegetables and Beans in a Chef's Rich Tomato Sauce* **V**

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Cornflake Cake or Flapjack

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* **or Battered Fish** *White fillet of Fish coated in a Light Batter* **or Salmon Fishcake Star**

Cheese Pastie *Creamed Potato and Mixed Beans, Grated Cheese encased in Puff Pastry*

Chips, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread

Fruit Crumble and Custard

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Week 3

Monday

Meatballs served in a Rich Tomato Sauce or a Tasty Gravy *Farm Assured Meatballs*

Mac 'n' Cheese *Macaroni Pasta and Quorn in a Chef's Creamy Cheese Sauce* **V**

Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Swirl Mousse

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Tuesday

Minced Beef lightly Spiced Tacos *Farm Assured Minced Beef in a Chef's Mild Spiced Sauce*

Cheese and Tomato Pizza V

Pasta Twist, Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Cake and Custard

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Vegetarian Enchiladas V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fruit Jelly or Golden Shortbread

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Thursday

High Ercall Wrap Day – Ham, Tuna, Cheese

Vegetarian Sausage V

Potato Wedges, Big Seasonal Salad Selection, Seasonal Salad Selection, Wholemeal Bread

Chocolate Brownie

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* **or Battered Fish** *White fillet of Fish coated in a Light Batter* **or Salmon Fishcake Star**

Cheese Pastie *Creamed Potato and Mixed beans, Grated Cheese encased in Puff Pastry* **V**

Chips, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Iced Muffins

Early Years options: Natural Yogurt with Fruit or Fresh Fruit Salad or Cheese and Crackers

FUN FOOD FACT

Broccoli contains more protein per calorie than steak, but you would have to eat a LOT more broccoli!

● Fresh Fruit available daily. All items subject to availability. ●