

Spring Term 2026			Autumn Term 2025			Summer Term 2025			
23 MAR	WK 3	16 MAR	WK 2	9 FEB	WK 3	28 APR	WK 1	14 JUL	WK 3
16 MAR	WK 2	9 MAR	WK 1	2 FEB	WK 2	19 MAY	WK 3	7 JUL	WK 2
9 MAR	WK 1	2 MAR	WK 3	26 JAN	WK 1	12 MAY	WK 2	30 JUN	WK 1
2 MAR	WK 3	16 FEB - HALF TERM	16 FEB - HALF TERM	19 JAN	WK 3	5 MAY	WK 2	23 JUN	WK 3
17 NOV	WK 3	23 FEB	WK 2	12 JAN	WK 2	8 SEPT	WK 1	16 JUN	WK 2
10 NOV	WK 2	9 FEB	WK 3	5 JAN	WK 1	1 SEPT	WK 1	9 JUN	WK 1
3 NOV	WK 1	23 FEB	WK 2	19 JAN	WK 3	15 SEPT	WK 3	2 JUN	WK 3
24 NOV	WK 1	16 FEB - HALF TERM	16 FEB - HALF TERM	12 JAN	WK 2	8 SEPT	WK 2	30 JUN	WK 1
15 DEC	WK 2	23 FEB	WK 2	5 JAN	WK 1	1 SEPT	WK 1	23 JUN	WK 3
8 DEC	WK 3	16 FEB - HALF TERM	16 FEB - HALF TERM	19 JAN	WK 3	15 SEPT	WK 3	16 JUN	WK 2
15 DEC	WK 1	23 FEB	WK 2	12 JAN	WK 2	8 SEPT	WK 1	9 JUN	WK 1

### Menu calendar



# Free School Meals

## Did you know?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

- Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- The 'Guaranteed' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

# Our ingredients

## Where our food comes from

**Fresh Fruit, Salads and Vegetables** - selected by Rowlands in Shrewsbury.

**The Welsh Sausage company** - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

**Eggs** - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

**Fish** - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

**Yoghurt** - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

**Meat** - our meat is Red Tractor sourced in the UK.

**Cheese** - produced in Nantwich, Cheshire.

**Dried, frozen and chilled goods** - sourced locally from Bikold in Ludlow from a network of local producers.

**THANK YOU**  
to our suppliers for their continued support and helping us with our special event days



Protect, care and invest to create a better borough



# Primary School Menu



# Our menus

## All the good stuff

Download your copy at [www.telford.gov.uk/schoolmeals](http://www.telford.gov.uk/schoolmeals)

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



V Vegetarian  
Ve Vegan  
H Halal

# Week 1

# Week 2

# Week 3

## Monday

**Meatballs served in a Rich Tomato Sauce or a Tasty Gravy** *Farm Assured Meatballs*

**Quorn Nuggets** *Quorn pieces in a light batter* **V**

Diced Potatoes, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Swirl Mousse

## Wednesday

**Big Breakfast** *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

**Vegetarian Sausage, Free Range Scrambled Egg** **V**

Hash Browns, Baked Beans, Mushrooms, Plum Tomatoes, Seasonal Salad Selection, Bread

Biscuit Selection

## Monday

**BBQ Chicken** *Farm Assured Chicken in a Chef's BBQ Sauce* or **Chicken and Bacon Pasta Bake** *Farm Assured Chicken*

**Quorn Nuggets** *Quorn pieces in a light batter* **V**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

## Thursday

**Beef Chili with Nachos** *Farm Assured Minced Beef* or **Tuna Pasta Bake**

**Stuffed Jacket Potato** **V**

Boiled Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge

## Monday

**Sausage Roll** *Farm Assured Sausage Meat encased in Puff Pastry*

**Vegetarian Roll** **V**

Diced Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Swirl Mousse

## Thursday

**Big Breakfast** *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

**Vegetarian Sausage, Free Range Scrambled Egg** **V**

Mini Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Biscuit Selection

## Tuesday

**Pizza Bar – Cheese and Tomato Pizza** *with a selection of toppings* **V**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack or Cornflake Cake

## Thursday

**High Ercall SUB BAR – Meatballs in a Sauce – BBQ Chicken or Pulled Quorn** **V**

Potato Wedges

Big Seasonal Salad Selection, Bread

Chocolate Brownie

## Tuesday

**Pork Sausage with a Rich and Tasty Gravy** *Farm Assured Pork Sausage*

**Vegetarian Sausage** **V**

Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Sponge and Custard or Lemon Drizzle Cake



**eatwell**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Tuesday

**Spaghetti Bolognese** *Farm Assured Minced Beef with a Chef's Rich Tomato Sauce*

**Cheese and Tomato Pizza** **V**

Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge Cake

## Friday

**Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs* or **Battered Fish** *White fillet of fish coated in a light batter* or **Fishcake**

**Cheese Pastie** *Creamed Potato and Grated Cheese encased in Puff Pastry* **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Muffin Selection

## Friday

**Jumbo Fish Finger** *White fillet of fish coated in breadcrumbs* or **Battered Fish** *White fillet of fish coated in a light batter* or **Fishcake**

**Cheese Pasta** *Creamed Potato and Grated Cheese encased in Puff Pastry* **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Buttercream Cupcake

## Wednesday

**Breaded Chicken Dunkers** *Farm Assured Chicken*

**Vegetarian Nuggets** **V**

Diced Potato, Pasta, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Fruit Jelly or Golden Shortbread

## Friday

**Hot Dog** *Farm Assured Sausage* or **Chicken Burger** or **Fish Finger Sandwich**

**Cheese Pastie** *Creamed Potato and Grated Cheese encased in Puff Pastry* **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread

Cookie Selection

## Wednesday

**Traditional Roast of the Day** *Farm Assured Sliced Beef or Turkey served with a Rich and Tasty Gravy*

**Stuffed Jacket Potato** **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly or Golden Shortbread

**FUN FOOD FACT**

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**potatoes were the first vegetable to be grown in space.**

**A POMEGRANATE CAN HOLD UP TO 1400 SEEDS.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.