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| **C:\Users\lauren.fletcher1\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\8F12C411.tmpHigh Ercall Primary School** |
| **Long Term Plan for PSHE**  |
| **Subject Leader: Lauren Fletcher**  | **Date: January 2022**  |

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| **Additional Focus Days** |
| **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| Black History MonthGrandparents Day NSPCC Speak Out. Stay Safe. | Anti-Bulling Week International Women’s Day  | Children’s Mental Health Week  | Earth Day  | Deaf Awareness Week | Drowning Prevention Week |

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| **Year A** |
| **Core theme:** | **Relationships**  | **Health and Wellbeing** | **Living in the Wider World** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Class 1** | VIPS KS1  | **SE** (see below) | Safety FirstKS1 | **SE**(see below) | Aiming HighKS1 | **SE**(see below) |
| **Class 2** | TEAMKS1 | **SE**(see below) | Think Positive KS1 |  | Money MattersKS1 | **SE**(see below) |
| **Class 3** | VIPSLKS2  | **SE**(see below)Digital WellbeingLKS2 | Safety FirstLKS2 | **SE**(see below) | Aiming HighLKS2 | **SE**(see below)Diverse Britain LKS2  |
| **Class 4** | TEAMLKS2 | **SE** (see below) | Think Positive UKS2 | **SE**(see below)It’s My BodyUKS2 | Money MattersLKS2 | **SE**(see below) |
| **Class 5** | VIPSUKS2 | **SE**(see below)STAR DOVE – self esteem | Safety FirstUKS2 | **SE**(see below)Digital awareness | Aiming HighUKS2 | **SE**(see below)Y6 – Y7 transition |

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| **Year B** |
| **Core theme:** | **Relationships**  | **Health and Wellbeing** | **Living in the Wider World** |
|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 1** |
| **Class 1** | Be YourselfKS1 | **SE**(see below) | MindfulnessKS1 | **SE**(see below) | One WorldKS1 | **SE**(see below) |
| **Class 2** | Digital WellbeingKS1 | **SE**(see below) | It’s My BodyKS1 | **SE**(see below) | Diverse Britain KS1 | **SE**(see below) |
| **Class 3** | Be YourselfLKS2 | **SE**(see below) | St Johns Ambulance First Aid | **SE**(see below)Think Positive LKS2 | One WorldLKS2 | **SE**(see below) |
| **Class 4** | TEAMUKS2 | **SE** (see below)Digital WellbeingUKS2  | It’s My BodyLKS2 | **SE**(see below) | Diverse Britain UKS2 | **SE**(see below)Money MattersUKS2 |
| **Class 5** | Be YourselfUKS2 | **SE**(see below)STARDOVE – self esteem | St Johns AmbulanceFirst Aid | **SE**(see below)Digital awareness | One WorldUKS2 | **SE**(see below)Y6 – Y7 transition |

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| **Relationships**  | **Health and Wellbeing** | **Living in the Wider World** |
| Digital Wellbeing (R)TEAM (R)VIPS (R)Be Yourself (R) | Safety First (H&W)Think Positive (H&W)It’s My Body (H&W)**Growing up (H&W) - SE** | Aiming High (LWW)Diverse Britain (LWW)One World (LWW)Money Matters (LWW) |

**Sex Education supported with ‘Growing Up’ unit – KS1, LKS2 and UKS2**

**Twinkl Life scheme of work supported by the PSHE Association.**

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| **Sex Education focus lessons - by year group** Shropshire Respect Yourself |
|  | **Autumn 2** | **Spring 2** | **Summer 2** |
| **Year 1** | **Amazing Me** p.270 | **Animals and Their Babies** p.277 | **Same But Different** p.272 |
| **Year 2** | **I Can Do** p.282 |  | **Know Our Bodies** p.287 |
| **Year 3** | **Growing Up** p.294 | **Know Our Bodies** p.296 | **Fact and Fiction** p.298 |
| **Year 4** | **Life Cycles** p.308 | **Know Our Bodies** p.311 |  |
| **Year 5** | **Puberty** p.322 **Menstruation** p.325 | **Reproduction** p.325 | **Pregnancy** p.332 |
| **Year 6** | **Changing Emotions**Twinkl Life, UKS2 Growing Up, Lesson 2 | **Just The Way You Are**Twinkl Life, UKS2 Growing Up, Lesson 3 | **Relationships**Twinkl Life, UKS2 Growing Up, Lesson 4 |