

Week 1



Monday

Big Breakfast Topped Pizzas, *Pork Sausage with a Deep Crust Base* ✓

Pasta Twists, Baked Beans, Sweetcorn, Big Seasonal Salad Bar, Homemade Mixed Bread Selection, Garlic Bread
Chocolate & Vanilla Swirl Mousse

Tuesday

Chicken Curry *Tender pieces of Farm Assured Chicken in a Chef's Curry Sauce*

Vegetable Curry *Seasonal Vegetables in a Chef's Curry Sauce* ✓
 Mixed Rice, Seasonal Vegetables, Seasonal Salad Selection, Naan Bread
 Iced Lemon Shortbread

Wednesday

Traditional Roast with a Rich & Tasty Gravy

Oven Roast Vegetables *Served in a Yorkshire pudding & topped with Mature Cheese* ✓

Fresh Carrots, Broccoli, Cauliflower, Homemade Mixed Bread Selection
 Fruit Muffins

Thursday

Vegetarian Sausage, Free Range Scrambled Egg ✓
 Potato Smiles, Mushrooms, Baked Beans, Plum Tomatoes, Seasonal Salad Selection, Homemade Mixed Bread Selection

Iced Sponge & Custard

Friday

Battered Fillet of Fish *White Fillet coated in a light batter or Salmon Fishcake*

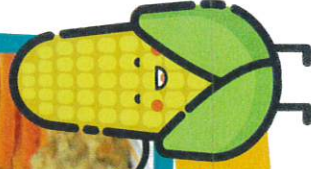
Homemade Cheese & Onion Pasty *Mature Cheese, diced onion and creamed potato encased in Puff Pastry* ✓

Chips, Couscous, Sweetcorn, Garden Peas, Baked Beans, Seasonal Salad Selection, Homemade Mixed Bread Selection

Let's Dine Fresh from the Farm Ice Cream



FUN FOOD FACTS
 The average corn on the cob has 800 kernels!!!



Week 2



Monday

Homemade Chicken Dunkers *Farm Assured Chicken coated in a Natural Breadcrumbs*

Quorn Dunkers *Quorn pieces coated in a light batter & baked* ✓
Jacket Wedges, Baked Beans, Sweetcorn, Seasonal Salad Selection, Homemade Mixed Bread Selection

Lemon Sponge & Custard

Tuesday

Homemade Toad in the Hole with *Onion Gravy* *Pork sausages in a Homemade Yorkshire Pudding*

Homemade Quorn Toad in the Hole *Quorn Sausage in a Homemade Yorkshire Pudding* ✓

Creamed Potatoes, Garden Peas, Fresh Carrots, Big Seasonal Salad Bar, Homemade Mixed Bread Selection

Selection of Homemade Biscuits

Wednesday

Beef Tortilla Wraps *Red Tractor Minced Beef cooked with herbs in a Rich Tomato sauce in a flouried Wrap*

Quorn Parcel Diced Quorn & Roast Vegetables *encased in Puff Pastry* ✓
 Mixed Boiled Rice, Seasonal Vegetables, Seasonal Salad Selection, Homemade Mixed Bread Selection

Fruit Muffins



FUN FOOD FACTS
 If you ate a different variety of apple everyday, it would take you more than 20 years to try them all - there's over 7500 types!

Friday

Battered Fillet of Fish *White Fillet coated in a light batter or Jumbo Fish Finger Fillet of Fish coated in a Crispy Breadcrumbs*

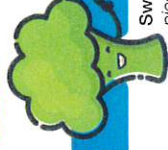
Vegetable Enchilada *Minced Quorn Chili wrapped in a flouried Wrap and topped with a Rustic Tomato sauce and Cheese* ✓

Chips, Couscous, Baked Bean, Sweetcorn, Garden Peas, Seasonal Salad Selection, Homemade Mixed Bread Selection

Fruit Jelly with a Swirl of Cream

Individual Yoghurt, Fresh Fruit or Cheese & Crackers available daily. All items subject to availability.

Week 3



Monday

Pasta Bake ✓
 Garlic Bread, Seasonal Vegetables, Seasonal Salad Selection, Homemade Mixed Bread Selection

Chocolate Sponge & Chocolate Sauce

Tuesday

Red Tractor Beef Bolognaise *Fresh Minced Beef cooked in a Rich Tomato based Sauce*

Quorn Bolognaise *Quorn mince cooked in a Rich Tomato based Sauce* ✓

Golden Sliced Potatoes, Seasonal Vegetables, Seasonal Salad Selection, Homemade Mixed Bread Selection

Jam or Lemon Tart & Custard

Wednesday

Homemade Sausage Roll *Pork Sausage meat encased in Puff Pastry*

Cheesy Parsnip & Sweet Potato Quiche ✓

Roast Potatoes, Sweet Potato Mash, Broccoli, Cauliflower, Garden Peas, Homemade Mixed Bread Selection

Strawberry & Vanilla Swirl Mousse

Thursday

Sweet & Sour Chicken *Tender pieces of Farm Assured Chicken in a Chef's Sweet & Sour Sauce*

Vegetable Pasta Bake *Seasonal vegetables in a Rich Tomato sauce with pasta twists* ✓

Savoury Rice or Diced Potatoes, Seasonal Vegetables, Seasonal Salad Selection, Homemade Mixed Bread Selection

Homemade Cookie Selection

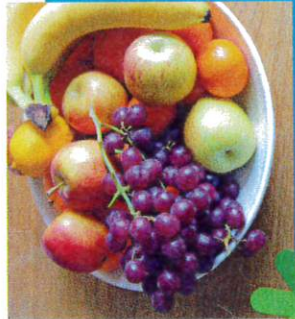
Friday

Battered Fillet of Fish *White Fillet coated in a light batter or Jumbo Fish Finger Fillet of Fish Coated in a Crispy Breadcrumbs*

Homemade Savoury Muffin ✓

Chips, Lemon Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Mixed Bread Selection

Iced Muffin



FUN FOOD FACTS
 The world's heaviest carrot was grown in Nottinghamshire in 2014 and weighed over 9kg!

