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| **High Ercall Primary School****Progression in Gymnastics** |
| **Date: March 2020** | **Subject Lead: MP** | **Review: Summer 2021** |
| **Curriculum Intent:** |
| **Curriculum Targets:** |
|  |  | **Links to school key drivers****Cultural Diversity****Emotional Resilience** | **Resilience:**  |
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|  |  | **Outdoor Learning:**  |
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|  |  | **Diversity:** |
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| **Dance** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
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| ComposeExplore gymnastics actions and still shapes. Move confidently and safely in their own and general space, using change of speed and direction.  |
|   AppreciateWatch, copy and describe what they and others have done |

 | ComposeRemember, repeat and link combinations of gymnastic actions, body shapes and balances with control and precision.      AppreciateImprove their work using information they have gained by watching, listening and investigating. | ComposeConsolidate and improve the quality of their actions, body shapes and balances, and their ability to link movements.     AppreciateDescribe and evaluate the effectiveness and quality of a performance. Recognise how their performance has improved. | ComposeCreate gymnastic sequences that meet a theme or set of conditions. Use compositional devices when creating their sequences, such as changes in speed, level and direction   AppreciateDescribe their own and others’ work, making simple judgments about the quality of performances and suggesting ways they could be improved. | ComposePerform actions, shapes and balances consistently and fluently in specific activities.     AppreciateChoose and use information and basic criteria to evaluate their own and others’ work. | Compose

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| Develop their own gymnastic sequences by understanding, choosing and applying a range of compositional principles.       AppreciateEvaluate their own and others’ work. Suggest ways of making improvements.  |

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