



Long Term Plan for PSHE

Subject Leader: Lauren D'Angelillo

Date: July 2024

Additional Focus Days

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Black History Month Grandparents Day NSPCC Speak Out. Stay Safe.	Anti-Bullying Week International Women's Day RSE	Children's Mental Health Week Police Input (Y6)	Earth Day RSE	Deaf Awareness Week Swimming lessons	Drowning Prevention Week Crucial Crew RSE

Year A

Core theme:	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Class 1	VIPS KS1	SE (see below)	Safety First KS1	SE (see below)	Aiming High KS1	SE (see below)
Class 2	TEAM KS1	SE (see below)	Think Positive KS1		Money Matters KS1	SE (see below)
Class 3	VIPS LKS2	SE (see below) Digital Wellbeing LKS2	Safety First LKS2	SE (see below)	Aiming High LKS2	SE (see below) Diverse Britain LKS2
Class 4	TEAM LKS2	SE (see below)	Think Positive UKS2	SE (see below) It's My Body UKS2	Money Matters LKS2	SE (see below)
Class 5	VIPS UKS2	SE (see below) DOVE – self esteem	Safety First UKS2 STAR/Loud mouth	SE (see below)	Aiming High UKS2	SE (see below) Y6 – Y7 transition Crucial Crew Digital awareness

Year B						
Core theme:	Relationships		Health and Wellbeing		Living in the Wider World	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
Class 1	Be Yourself KS1	SE (see below)	Mindfulness KS1	SE (see below)	One World KS1	SE (see below)
Class 2	Digital Wellbeing KS1	SE (see below)	It's My Body KS1	SE (see below)	Diverse Britain KS1	SE (see below)
Class 3	Be Yourself LKS2	SE (see below)	St Johns Ambulance First Aid	SE (see below) Think Positive LKS2	One World LKS2	SE (see below)
Class 4	TEAM UKS2	SE (see below) Digital Wellbeing UKS2	It's My Body LKS2	SE (see below)	Diverse Britain UKS2	SE (see below) Money Matters UKS2
Class 5	Be Yourself UKS2	SE (see below) DOVE – self esteem	St Johns Ambulance First Aid STAR/Loudmouth	SE (see below)	One World UKS2	SE (see below) Y6 – Y7 transition Crucial Crew Digital awareness

Relationships	Health and Wellbeing	Living in the Wider World
Digital Wellbeing (R) TEAM (R) VIPS (R) Be Yourself (R)	Safety First (H&W) Think Positive (H&W) It's My Body (H&W) Growing up (H&W) - SE	Aiming High (LWW) Diverse Britain (LWW) One World (LWW) Money Matters (LWW)

Sex Education supported with 'Growing Up' unit – KS1, LKS2 and UKS2

Twinkl Life scheme of work supported by the PSHE Association.

Sex Education focus lessons - by year group Shropshire Respect Yourself			
	Autumn 2	Spring 2	Summer 2
Year 1	Amazing Me p.270	Animals and Their Babies p.277	Same But Different p.272
Year 2	I Can Do p.282		Know Our Bodies p.287
Year 3	Growing Up p.294	Know Our Bodies p.296	Fact and Fiction p.298
Year 4	Life Cycles p.308	Know Our Bodies p.311	
Year 5	Puberty p.322 Menstruation p.325	Reproduction p.325	Pregnancy p.332
Year 6	Changing Emotions Twinkl Life, UKS2 Growing Up, Lesson 2	Just The Way You Are Twinkl Life, UKS2 Growing Up, Lesson 3	Relationships Twinkl Life, UKS2 Growing Up, Lesson 4