



PSHE Books

Grow ing up	Resp ect	Emoti ons	Famil ies	Friend ship	Diver sity	Anxi ety and Worr ies	Bereave ment and Loss	Self este em	Feeli ngs	Bully ng	Life Choic es, Goals and Targe ts	Perso nal Space	Mindful ness
-------------------	-------------	--------------	--------------	----------------	---------------	-----------------------------------	-----------------------------	--------------------	--------------	-------------	---	-----------------------	-----------------

Genre/Theme	Book Title	Author	Age group
Growing up	Lift-the-Flap Questions & Answers About Growing up	Katie Daynes	KS1/KS2
	The Girls Guide to Growing Up	Anita Naik and Sarah Horne	KS2
Respect	Respect: Consent, Boundaries and Being in Charge of You	Rachel Brian	KS2
	Respect	Helen Mortimer	KS1
	Big Words for Little People: Respect	Helen Mortimer and Cristina Trapanese	KS1
Emotions	The fantastic book of feelings: a guide to being happy, sad and everything in-between!	Marcia Williams	KS2
	Sometimes I feel...: a menagerie of feelings big and small	Sarah Maycock	KS1/KS2
	My mixed emotions: learn to love your feeling	Elinor Greenwood	KS2
	Tiger has a tantrum: a book about feeling angry	Sue raves and Trevor Dunton (Illustrator)	KS1/KS2
	Your Mind Matters: Your Emotions - Your Mind Matters	Honor Head and Roberta Terracchio (Illustrator)	KS2
	The great big book of feelings	Mary Hoffman	KS1/KS2
	Ruby's Worry: A Big Bright Feelings Book	Tom Percival	KS1/KS2
	Poems about emotions	Brian Moses	KS1/KS2
Families	All about families	Felicity Brooks	KS1/KS2
	My Big Fantastic Family: A Story About Parents Separating	Adam and Charlotte Guillain	KS1/KS2
	Who's In My Family?: All About Our Families	Robie H. Harris	KS1/KS2

Friendship	All about friends	Felicity Brooks	KS1/KS2
	Will you be my friend?	Molly Potter	KS1/KS2
	Monty the Manatee: A book about kindness and anti-bullying (Sea School Stories)	Natalie Pritchard	KS1/KS2
	Friendships and bullying	Honor Head	KS1/KS2
	Making friends: a book about first friendships	Amanda McCardie and Colleen Larmour (Illustrator)	KS1/KS2
Diversity	Having a disability	Louise Spilsbury	KS1/KS2
	It's OK to be Different: A Children's Picture Book About Diversity and Kindness	Sharon Purtill	KS1/KS2
	The Proudest Blue	Ibtihaj Muhammad	KS1/KS2
	Julián Is a Mermaid	Jessica Love Sulwe Lupita Nyong'o	KS1/KS2
	The Day You Begin	Jacqueline Woodson	KS1/KS2
	Shine	Sarah Asuquo	KS1/KS2
	We All Belong: A Children's Book About Diversity, Race and Empathy	Nathalie Goss	KS1/KS2
	All Are Welcome	Alexandra Penfold	KS1/KS2
Anxiety and Worries	The Boy, the mole, the fox and the Horse	Charlie Mackesy	KS2
	What to do when you worry too much	Dawn Huebner and Bonnie Matthews	KS2
	No worries – activity book	Lily Murray	KS1/KS2
	The huge bag of worries	Virginia Ironside and Frank Rodgers	KS1
	Little Mouse's big book of fears	<u>Emily Gravett</u>	KS1
	Silly Billy – Great if you want to make a worry doll too	Anthony Browne	KS1
	The Invisible String – Great for separation anxiety	Patrice Karst and Joanne Lew-Vriethoff	KS1/KS2
	The Red Tree	Shaun Tan	KS2
	Owl Babies	Martin Waddell and Patrick Benson	KS1
	Panicosaurus	K.I. Al-Ghani	KS1
	The Kissing Hand – Separation Anxiety	Audrey Penn	KS1
Don't Worry, Be Happy: A Child's Guide to Dealing With Feeling Anxious	Poppy O'Neill	KS2	
Bereavement and Loss	Muddles, Puddles and Sunshine this book is perfect for bereavement.	Diana Crossley	KS1

	A Volcano in my tummy	Whitehouse and Pudney	KS1/KS2
	Badger's Parting gift	Susan Varley	KS1
	Lost in the Clouds: A gentle story to help children understand death and grief	Dorling Kindersley	KS1/KS2
	Cry, Heart but never Break	Glenn Ringtved	KS1/KS2
	The Day the Sea went out and never came back	Margot Sunderland	KS2
	The Heavy Bag	Sarah Surgey	KS1/KS2
	Growing up with a bucket full of happiness	Carol McCloud	KS2
Self-esteem	Only One you	Linda Kranz	KS1
	The Dot	Peter H. Reynolds	KS1/KS2
	You be You	Linda Kranz	KS1
	A place for Pluto	Stef Wade	KS1/KS2
	Have you filled a bucket today?	Carol McCloud	KS1/KS2
	This is me	Amy Pflueger	KS1/KS2
	HAPPY CONFIDENT ME	Nadim Saad	KS2
Feelings	How are you peeling?	Saxton Freymann	KS1/KS2
	Hello Happy – Activity book	Stephanie Clarkson	KS2
	My many coloured days	Dr. Seuss	KS1/KS2
	A boy and a bear	Sarah Massini	KS1/KS2
	I'm not afraid of spiders	Jane Rogers	KS1/KS2
	Angry Octopus	Lori Lite	KS1/KS2
	That's when I'm Happy	Beth Shoshan	KS1/KS2
	Words and your heart	Kate Jane Neal	KS1
	The Red Beast	K. I. Al-ghani	KS1/KS2
	Rory Red	Luke Baker	KS1/KS2
	Fergal is Fuming!	Robert Starling	KS1/KS2
	The Colour Monster	Anna Llenas	KS1/KS2

Bullying	Bullies, Bigmouths and so called friends	Jenny Alexander	KS2
	Monty the Manatee: A book about kindness and anti-bullying (Sea School Stories)	Natalie Pritchard	KS1
	Walk Tall: A rhyming picture book about bullying and friendship.	Cher Louise Jones and Lee Dixon	KS1/KS2
Life Choices, Goals and Targets	Oh the places you will go	Dr Seuss	KS1/KS2
Personal Space	Personal Space Camp	Julia Cook and Carrie Hartman	KS1/KS2
	Personal Space camp activity book	Julia Cook and Carrie Hartman	KS1/KS2
Mindfulness	Yasmine Yogi and Phoebe Bee	Kath Routledge	KS1
	Mindful Kids (Mindful Tots) Mindful Kids (Mindful Tots)	Whitney Stewart	KS1/KS2
	Mindful Games for Kids: 50 Fun Activities to Stay Present, Improve Concentration, and Understand Emotions	Kristina Sargent	KS1/KS2